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To interview Sara Hurvitz, please contact Julia Gunther at julia.gunther@aacr.org or 770-403-7690. For a photo of Hurvitz, click [here](#).

T-DXd Yields Longer Overall Survival than T-DM1 in Patients with HER2-positive Metastatic Breast Cancer

SAN ANTONIO – Second-line treatment with trastuzumab deruxtecan (T-DXd) led to significantly longer overall survival compared with trastuzumab emtansine (T-DM1) in patients with HER2-positive metastatic breast cancer, according to updated results from the [DESTINY-Breast03](#) phase III clinical trial presented at the [San Antonio Breast Cancer Symposium](#), held December 6-10, 2022.

“Almost all patients with HER2-positive metastatic [breast cancer](#) experience disease progression on first-line treatment, requiring transition to a second-line treatment,” said [Sara Hurvitz, MD](#), a professor of medicine at the David Geffen School of Medicine at the University of California Los Angeles and Jonsson Comprehensive Cancer Center.

Two antibody-drug conjugates, T-DXd and T-DM1, are approved as second-line treatment for this patient population. Both therapies utilize trastuzumab to seek HER2-expressing cells and deliver a cytotoxic drug. In the case of T-DXd, the cytotoxic payload induces cell death by inhibiting topoisomerase; the conjugated drug of T-DM1 kills cells by disrupting microtubule assembly.

The DESTINY-Breast03 trial compared the efficacy and safety of T-DXd with those of T-DM1 in patients with HER2-positive metastatic breast cancer that progressed on or after first-line treatment. Previously published interim results from the trial demonstrated that patients treated with T-DXd had significantly longer progression-free survival (PFS) compared with patients who received T-DM1. These results led to the [approval](#) of T-DXd as a second-line treatment for this patient population. However, overall survival data had not been reached in the first interim analysis.

“While PFS benefits are important, the gold standard measure of efficacy is overall survival,” said Hurvitz.

In her presentation, Hurvitz will share previously unreported overall survival data from the trial, as well as updated PFS and safety data. Among the 524 patients enrolled in the trial, 261 received T-DXd, and 263 received T-DM1. The median study follow-up was 28.4 months for the T-DXd arm and 26.5 months for the T-DM1 arm.

New data showed that patients treated with T-DXd had a 36 percent lower risk of death than those treated with T-DM1, a statistically significant improvement. In addition, overall survival rates were significantly higher for patients treated with T-DXd: After 12 months, 94.1 percent of patients in the T-DXd arm were alive, compared with 86 percent of those in the T-DM1 arm. After 24 months, overall survival rates were 77.4 percent and 69.9 percent for patients treated with T-DXd and T-DM1, respectively.

Updated PFS data continued to favor T-DXd, and Hurvitz will report median values for the first time. The median PFS in patients treated with T-DXd was 28.8 months, compared with 6.8 months for patients treated with T-DM1. Objective responses were observed in 78.5 percent of patients who received T-DXd

and 35 percent of patients treated with T-DM1. Furthermore, 21.1 percent of patients treated with T-DXd had a complete response, as compared with 9.5 percent of patients treated with T-DM1.

Grade 3 or higher treatment-related adverse events were observed in 56.4 percent and 51.7 percent of patients in the T-DXd and T-DM1 arms, respectively. Drug-related interstitial lung disease/pneumonitis was observed in 15.2 percent and 3.1 percent of patients in the T-DXd and T-DM1 arms, respectively. Hurvitz noted that new cases of interstitial lung disease/pneumonitis were mild or moderate in severity.

“The results of this analysis demonstrated remarkable overall survival and continued PFS benefit with T-DXd in patients with HER2-positive metastatic breast cancer who progressed on prior therapy, further supporting the use of T-DXd over T-DM1 in the second-line setting,” said Hurvitz. “With this overall survival analysis, we can confirm that the previously demonstrated benefit from T-DXd in PFS improvement transforms into a statistically significant improvement in overall survival, a substantial advantage for our patients.

“In addition, T-DXd continued to demonstrate a manageable and tolerable safety profile, with similar rates of treatment-related adverse events between treatment arms,” she added.

Future analyses of DESTINY-Breast03 may investigate the efficacy of T-DXd in patients with brain metastases and explore predictive markers of response, Hurvitz noted. Ongoing studies aim to determine the efficacy and safety of T-DXd as a first-line treatment for patients with HER2-positive metastatic breast cancer.

A limitation of the study was the disproportionate enrollment of Asian patients as compared with North American and European patients. An additional limitation was that median overall survival was not reached at the time of this analysis.

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Abstract

GS2-02

Trastuzumab deruxtecan versus trastuzumab emtansine in patients with HER2-positive metastatic breast cancer: Updated survival results of the randomized, phase 3 study DESTINY-Breast03

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Background

Trastuzumab deruxtecan (T-DXd) is approved in the United States and European Union for use in patients (pts) with HER2+ unresectable/metastatic breast cancer (mBC) after ≥1 prior anti-HER2 regimen(s). Approval was based on the randomized, multicenter, open-label, phase 3 DESTINY-Breast03 study (NCT03529110), in which T-DXd demonstrated statistically significant and clinically meaningful improvement in progression-free survival (PFS) compared with trastuzumab emtansine (T-DM1). At the primary interim analysis (data cutoff May 21, 2021), the risk of disease progression or death was reduced by 72% with T-DXd ($P < 0.001$; Cortes et al. *N Engl J Med* 2022). Overall survival (OS) data were immature for both treatment groups; although the prespecified cutoff for significance was not reached (NR), a trend toward benefit with T-DXd was observed. With further follow-up, we report results from the

prespecified OS analysis of DESTINY-Breast03 (data cutoff July 25, 2022), including updated efficacy and safety.

Methods

Pts with HER2+ mBC previously treated with trastuzumab and a taxane in either the metastatic setting or (neo)adjuvant setting with progression within 6 mo of therapy, who could have received pertuzumab, were randomly assigned 1:1 to receive T-DXd 5.4 mg/kg every 3 weeks (Q3W) or T-DM1 3.6 mg/kg Q3W until disease progression. The primary endpoint was PFS by blinded independent central review (BICR). The key secondary endpoint was OS (80% powered at 2-sided significance level of 5%); other secondary endpoints included objective response rate (ORR), duration of response (DoR), PFS based on investigator assessment, and safety.

Results

524 pts received either T-DXd (n = 261) or T-DM1 (n = 263). As of the updated data cutoff, median duration of study follow-up was 28.4 mo (range, 0.0-46.9 mo) for T-DXd and 26.5 mo (range, 0.0-45.0 mo) for T-DM1. Median treatment duration was 18.2 mo (range, 0.7-44.0 mo) for T-DXd and 6.9 mo (range, 0.7-39.3 mo) for T-DM1. The risk of death was reduced by 36% (HR, 0.64; *P* = 0.0037) with T-DXd; median OS (mOS) was NR (95% CI, 40.5 mo-not evaluable [NE]), with 72 (27.6%) OS events, for T-DXd vs NR (95% CI, 34.0 mo-NE), with 97 (36.9%) OS events, for T-DM1. Landmark 12-mo OS rate was 94.1% (95% CI, 90.4-96.4) for T-DXd vs 86.0% (95% CI, 81.1-89.8) for T-DM1; 24-mo OS rate was 77.4% (95% CI, 71.7-82.1) for T-DXd vs 69.9% (95% CI, 63.7-75.2) for T-DM1. The *P* value for OS crossed the prespecified boundary (*P* = 0.013) and was statistically significant. mPFS by BICR was 28.8 mo (95% CI, 22.4-37.9 mo) with T-DXd, compared with 6.8 mo (95% CI, 5.6-8.2 mo) with T-DM1; HR, 0.33; nominal *P* < 0.000001. Key efficacy and safety results are shown in the table. Grade ≥3 treatment-emergent adverse events were experienced by 56.4% of T-DXd-treated pts and 51.7% of T-DM1-treated pts. Drug-related interstitial lung disease/pneumonitis, as evaluated by an independent adjudication committee, was experienced by 39 pts (15.2%) in the T-DXd arm and 8 pts (3.1%) in the T-DM1 arm; no adjudicated drug-related grade 4 or 5 events were observed in pts who received T-DXd.

Table. Summary of efficacy and safety results for T-DXd and T-DM1

	T-DXd	T-DM1
Efficacy	N = 261	N = 263
OS HR (95% CI); <i>P</i> value	0.64 (0.47-0.87); 0.0037 ^a	
mOS, mo (95% CI)	NR (40.5-NE)	NR (34.0-NE)
OS rate, % (95% CI)		
12 mo	94.1 (90.4-96.4)	86.0 (81.1-89.8)
24 mo	77.4 (71.7-82.1)	69.9 (63.7-75.2)
36 mo	69.3 (62.5-75.1)	55.4 (47.4-62.8)
mPFS by BICR, mo (95% CI)	28.8 (22.4-37.9)	6.8 (5.6-8.2)
HR (95% CI); <i>P</i> value	0.33 (0.26-0.43); <0.000001 ^{a,b}	
mPFS by investigator, mo (95% CI)	29.1 (23.7-NE)	7.2 (6.8-8.3)
HR (95% CI); <i>P</i> value	0.30 (0.24-0.38); <0.000001 ^{a,b}	
Confirmed ORR by BICR, % (95% CI)	78.5 (73.1-83.4)	35.0 (29.2-41.1)
<i>P</i> value	<0.0001 ^{a,b}	
Complete response	55 (21.1)	25 (9.5)
Partial response	150 (57.5)	67 (25.5)
mDoR by BICR, mo (95% CI)	36.6 (22.4-NE)	23.8 (12.6-34.7)
Safety, n (%)	N = 257	N = 261
Grade ≥3 TEAEs	145 (56.4)	135 (51.7)
Serious TEAEs	65 (25.3)	58 (22.2)
TEAEs associated with:		
Drug interruption	136 (52.9)	76 (29.1)

Dose reduction	66 (25.7)	38 (14.6)
Drug discontinuation	55 (21.4)	24 (9.2)
Death	6 (2.3)	6 (2.3)

^aTwo-sided.

^bNominal *P* value.

Conclusions

Updated results confirm the superiority of T-DXd compared with T-DM1 for pts with HER2+ mBC previously treated with an anti-HER2 therapy, with highly clinically meaningful and statistically significant benefit in OS and PFS and a manageable safety profile with longer treatment duration.

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